



Zomba Mental Hospital

Strategy: “let’s provide better care” ... **Now!**

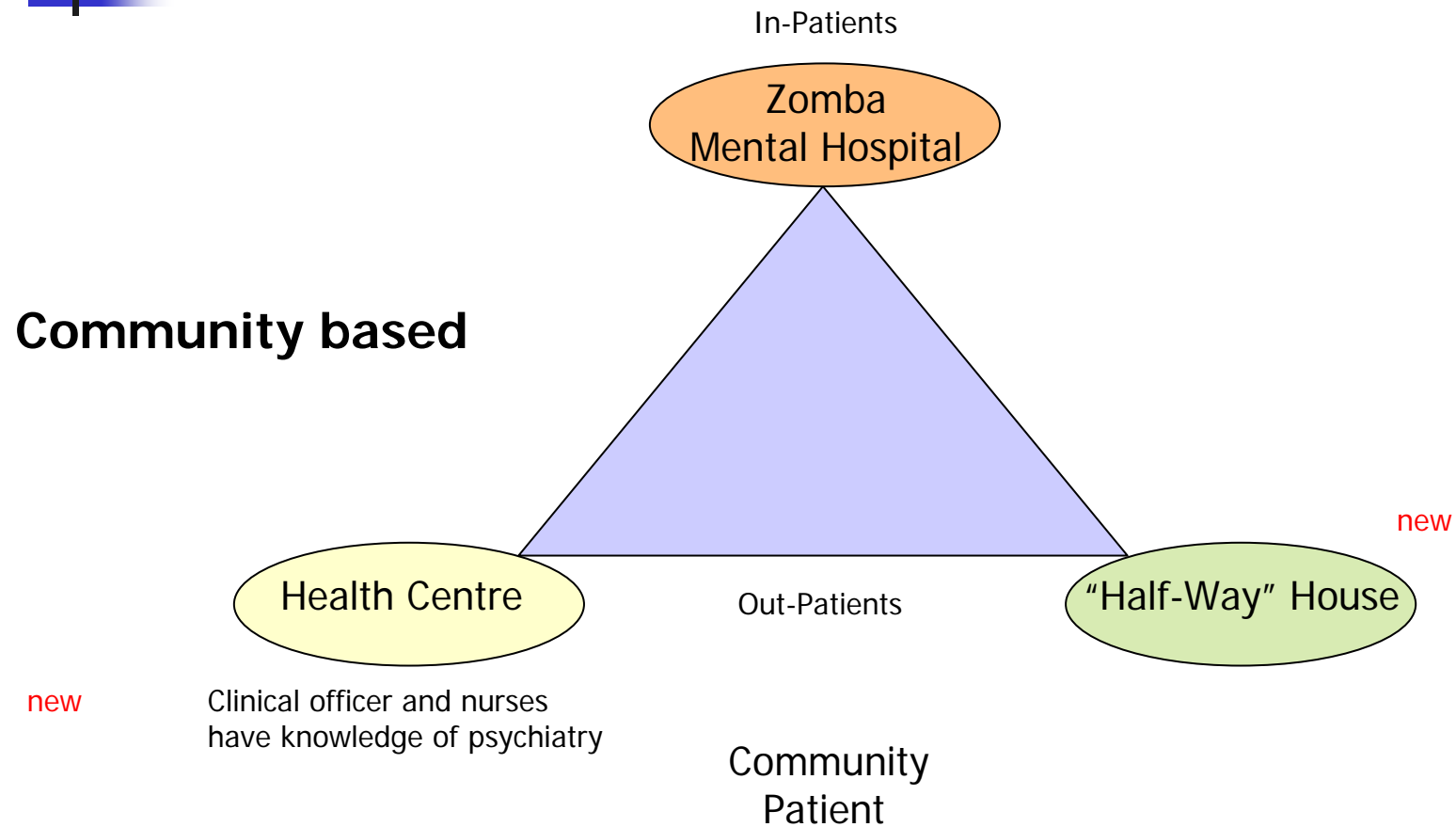
Action plan 2005-2006

Status 4 November 2005



Malawi Health Sector with SWAp (pooled) funding 2005-2010

Vision process health management





Zomba Mental Hospital

Vision facilities and services

Academic Centre proposal

Facility: lecture hall, library, hostel

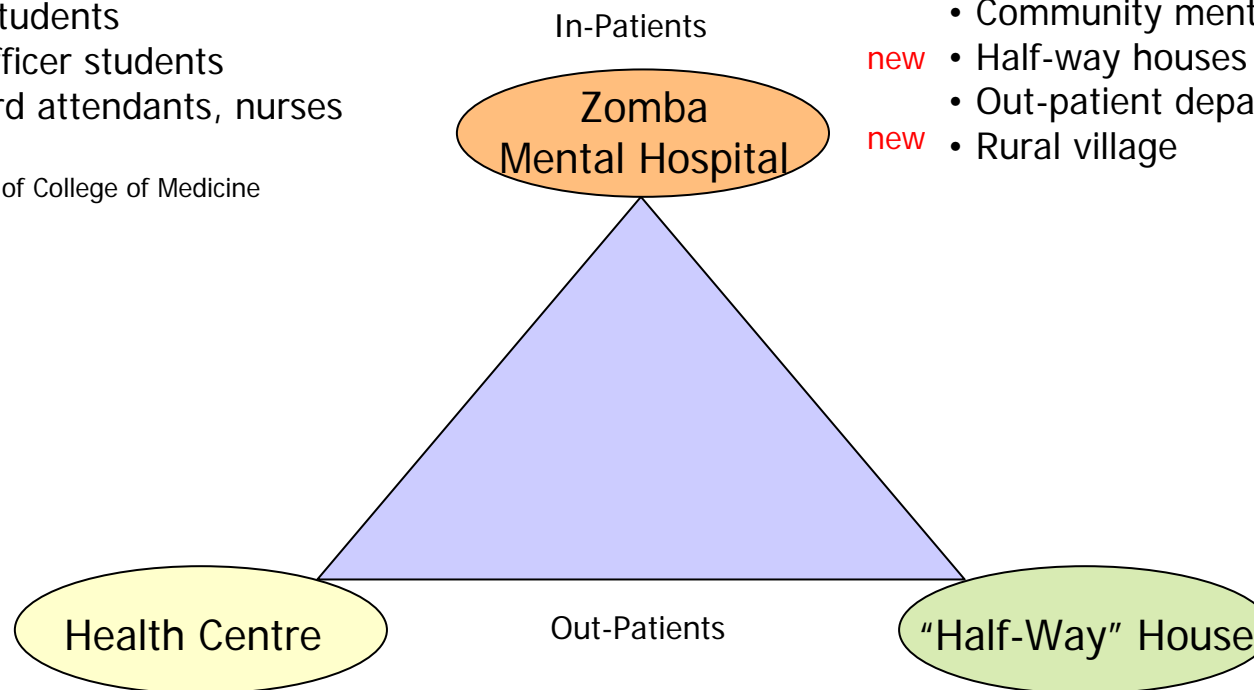
Training:

- Medical undergraduates
- Nursing students
- Clinical officer students
- Staff: ward attendants, nurses

Integrated part of College of Medicine

Mental Hospital

- Budget capacity 250 patients
- new • Modern Electro Shock Therapy
- improve • Occupational therapy service
- Community mental health service
- new • Half-way houses for Zomba area
- Out-patient department
- new • Rural village



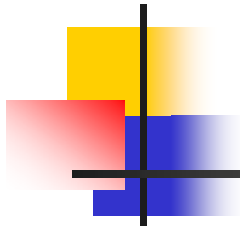


Zomba Mental Hospital

Improve academic support

Academic Support

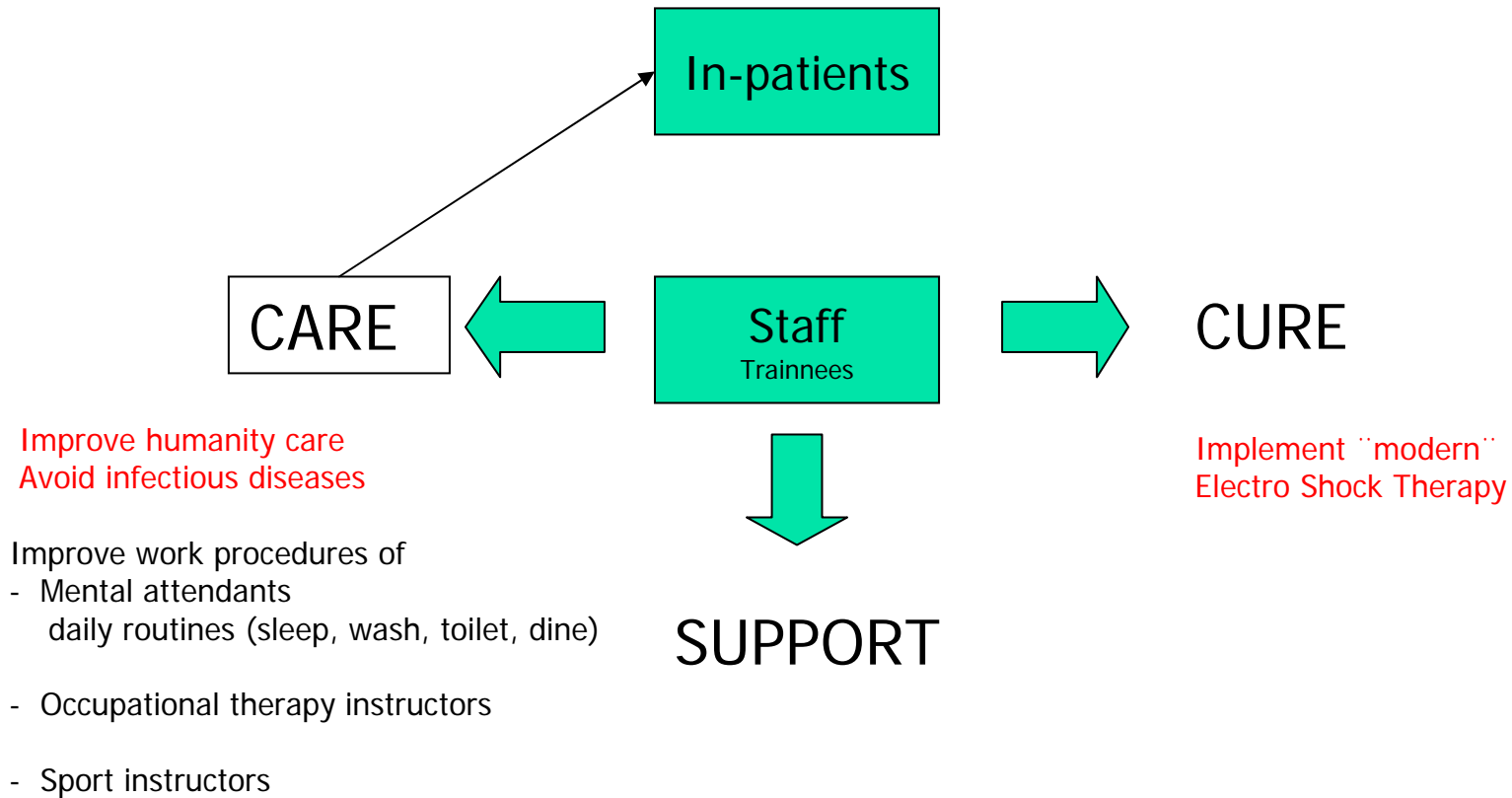
- June 2005-2006 Rob Stewart, psychiatrist Research project University of Manchester
- October 2005 Team Harrogate Link Training mental attendants and nurses
- December 2005 Magda van Laar, psychiatrist Scenario training course BScPsy clinical officer
- January 2006 Arie Voogd, master sport and care Training mental attendants as sports instructor
- April 2006 Mischa Selis, psychiatrist Training modern Electro Shock Therapy
- August 2006 (Team Harrogate Link) Training mental attendants as O.T. instructor



Zomba Mental Hospital

Improve staff work procedures

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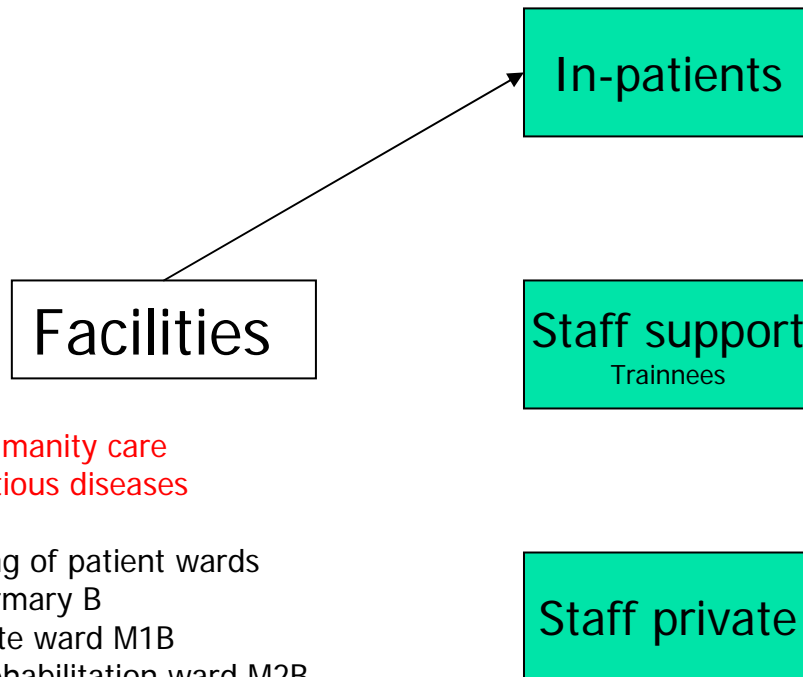




Zomba Mental Hospital

Improve in-patient facilities

Zomba Mental Hospital



Services

Improve humanity care
Avoid infectious diseases

- New building of patient wards
- male infirmary B
 - male acute ward M1B
 - female rehabilitation ward M2B

Upgrading sports ground
New building of occupational therapy block

Improve maintenance services

The Ministry of Health started in 2004/05 the new building of the kitchen block and male infirmary B. Funding by a SWAp (pooled funding) in the health sector in Malawi, started in 2005 for a 5 year period.



Zomba Mental Hospital

Upgrading sports ground: progress report September 2005

Donor Johan Cruyff Foundation

Hard field 20 x 20 metre

- basketball
- volleyball
- badminton

started in September 2005
completion by December

Football field 40 x 80 metre with jogging area

- football
- netball and mini football

Sports material

Training mental attendants as sports instructor

- 2 male and 2 female mental attendants have applied for the new job.
- Arie Voogd, master CIOS, schedules to start training in January 2006.

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Upgrading sports ground: "starting shot 09/2005" Mrs.I.Chamangwana



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Upgrading sports ground: levelling football field 09/2005





Zomba Mental Hospital

Upgrading sports ground: levelling hard field 09/2005



Zomba Mental Hospital

New building of patient wards: male infirmary B

09/2005





Zomba Mental Hospital

New building of patient wards: old male infirmary B



Zomba Mental Hospital

New building of patient wards: new male infirmary B

09/2005



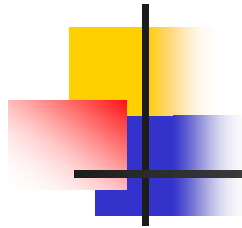


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Improve occupational therapy services

Occupational therapy services proposal

- Daily activities: 7 days per week now including weekend sports activities.
- Per day 3 sessions of 1,5 hour.
- Each session engages 10 patients and 1 instructor.
 - 8.30 to 10.30
 - 10.30 to 12.00
 - lunch
 - 13.30 to 15.00
 - rest
 - dinner
 - evening activities at new ward and multipurpose hall.



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Improve occupational therapy facilities

new Occupational therapy block		Capacity	Instructor
• male workshop		10 patients	carpentry
• female workshop		10 patients	sewing
• multipurpose hall	evening	10 patients	social
new Ward			
• lounge: recreation area	evening	10 patients	social
• conference room: library	evening	10 patients	librarian
• daily living activities		10 patients	hygiene
new Rural village			
• rural kitchen (wood fired)		10 patients	cooking
• pottery		10 patients	pottery
• farming		10 patients	farming
upgr Sports ground			
• hard field		10 patients	sports
• football field		22 patients	sports
Per session of 1,5 hour		122 patients	11 instructors



Zomba Mental Hospital

New building occupational therapy block: progress report

Donors: MalawiTogether, ICCO and Zomba Mental Hospital

proposal

Occupational therapy block

- male workshop 60 m²
- female workshop 60 m²
- office occupational therapist
- toilets for patients and staff

start-up January 2006
completion by June 2006

Multipurpose hall

- hall 60 m² annex storage area of 13 m²

Occupational therapy materials

Training mental attendant as occupational therapy instructor

- ZMH applied for 17 occupational therapy attendants!
- Harrogate Link activity starting in August 2006?



Zomba Mental Hospital

New building of occupational therapy block: function analysis

Occupational therapy block proposal

male workshop: 60 m² 10 patients with 1 instructor 1,5 hour session

- carpentry
- weaving
- shoe repair

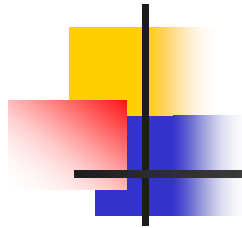
female workshop: 60 m² 10 patients with 1 instructor 1,5 hour session

- city kitchen (electric cooking)
- sewing
- needle work

Multipurpose hall: 60 m² 10 patients with 1 instructor 1,5 hour session

- dance, singing, discussion groups
- indoor games, table tennis
- television, video, music
- church services

Storage, secured area: 13 m²



Zomba Mental Hospital

Its donors

The Netherlands

- | | | |
|----------------------|---------------------------|---------------------------------|
| • ICCO | InterChurch Organisation | Occupational Therapy Block |
| • Johan Cruyff | Private Foundation | Upgrading Sports Ground |
| • Malawi Mental Care | Mondriaan Mental Hospital | Education(BScPsy), modern E.S.T |
| • Vijverdal | Vijverdal Mental Hospital | Furniture |
| • MalawiTogether | Private Foundation | Project Management, Facilities |

United Kingdom

- | | | |
|----------------------|-------------------|-------------------------------|
| • University of York | University | Training mental attendants |
| • Harrogate | District Hospital | Training mental attendants |
| • THET | NGO | Finances the "Harrogate Link" |
| • Uni of Manchester | University | Research project |

SWAp (pooled funding) in the health sector in Malawi started in 2005 for a 5 year period.
Donors are the EEC, USAID, Japan, World Bank, UNICEF, The Netherlands, Norway and others.